

### 3 & 4th Grade Football

Program Description:	Program focused on the basics of football and the fundamentals of being part of a team. May involve travelling.
Fee:	\$30 Resident/ \$50 Non-Resident
Start Date:	September-October
Duration:	6 weeks

### Grades K-2 Flag Football

Program Description:	Program focused on the basics of football and the fundamentals of being part of a structured play with flags.
Fee:	\$10 Resident/ \$20 Non-Resident
Start Date:	September-October
Duration:	5 weeks

### 5th and 6th Grade Football

Program Description:	Program focused on the basics of football and the fundamentals of being part of a team. May involve travelling.
Fee:	\$30 Resident/ \$50 Non-Resident
Start Date:	September-October
Duration:	6 weeks

### Cheering (Fall)

Program Description:	Program focuses on basic skills of cheering and fundamentals of being part of a team. Cheerleaders will be at all home recreation department football games.
Fee:	\$15 Resident/ \$25 Non-Resident
Start Date:	September-October
Duration:	6 weeks

### Field Hockey

Program Description:	The fundamentals of field hockey will be taught while having fun.
Fee:	\$15 Resident/ \$25 Non-Resident
Start Date:	September-October
Duration:	5 weeks

### 3 & 4th Grade Co-Ed Basketball

Program Description:	Program focuses on basketball skills and being part of a team while having fun. Games will be against other in house teams.
Fee:	\$15 Resident/ \$25 Non-Resident
Start Date:	January-February
Duration:	7 weeks

### 5th and 6th Grade In-House Basketball

Program Description:	Program focuses on basketball skills and being part of a team while having fun.
Fee:	\$15 Resident/ \$25 Non-Resident
Start Date:	November-December
Duration:	7 weeks

### Grades 3-6 Cheering (Winter)

Program Description:	Program focuses on basic skills of cheering and fundamentals of part being part of a team.
Fee:	\$15 Resident/ \$25 Non-Resident

Start Date: December - March  
Duration: 12-14 weeks depending on games.

### **Grades 5-6 Travelling Team Basketball (Must have played in -house season)**

Program Description: Program focuses on basketball skills at a more competitive level, being part of a team, and having fun. Team travels for games.  
Fee: \$20 Resident/ \$30 Non-Resident  
Start Date: December - March  
Duration: 16 weeks

### **Arts & Crafts**

Program Description: Children participate in activities such as painting, tie dying, necklaces and bracelets, and more. Weekly themes are done.  
Fee: \$10 Resident/ \$20 Non-Resident  
Start Date: June-August  
Duration: 6 weeks

### **Farm League**

Program Description: This program is geared toward all children ages 7 and 8. The goal of the program is to provide the participants with fundamentals necessary to baseball and to promote social development.  
Fee: \$15 Resident/ \$25 Non-Resident  
Start Date: June-August  
Duration: 6 weeks

### **Free Swim**

Program Description: Program for all ages to swim. Certified Lifeguards on duty at Prince Thomas Park.  
Fee: No Fee  
Start Date: June-August  
Duration: 6 weeks

### **Co-Ed Soccer (Summer)**

Program Description: This program focuses on the basic rules of the game and will allow kids to play in a non-competitive setting. Ages 5-15.  
Fee: \$15 Resident/ \$25 Non-Resident  
Start Date: June-August  
Duration: 6 weeks

### **Swimming Lessons**

Program Description: Children ages 3 and up can register to learn to swim. Certified instructor/student ratio is 1:6. These lessons focus on individual needs of the student, individual safety, and to make swimming an enjoyable experience.  
Fee: \$25 Resident/ \$40 Non-Resident  
Start Date: June-August  
Duration: 6 weeks

### **T-Ball**

Program Description: Children ages 5 and 6 learn basic skills and rules of baseball. This is an instructional program, emphasizing learning and having fun.  
Fee: \$15 Resident/ \$25 Non-Resident  
Start Date: June-August  
Duration: 8 weeks

### **Tennis**

Program Description:	This program is for children ages 7 and up. This is an instructional program designed to teach the fundamentals of tennis.
Fee:	\$15 Resident/ \$25 Non-Resident
Start Date:	June-August
Duration:	6 weeks

### **USA Track and Field**

Program Description:	For children ages 5-15. This program instructs children in all elements of Track & Field.
Fee:	\$30 Resident/ \$40 Non-Resident
Start Date:	June-August
Duration:	8 weeks

### **Grades K-8 Co-Ed Basketball (Summer)**

Program Description:	This program will work on skills and improve your game while in a noncompetitive environment.
Fee:	\$15 Resident/ \$25 Non-Resident
Start Date:	June-August
Duration:	6 weeks

### **JaTo and Green Valley Golf Clinics (Summer)**

Program Description:	This program is for participants ages 6-18. Week long instruction clinics while learning and enhancing golf skills will be taking place.
Fee:	\$10 Resident/ \$20 Non-Resident
Start Date:	June-July
Duration:	2 weeks

### **Wrestling Clinic (Summer)**

Program Description:	This program is for grades K-8. Involves instruction clinics for participants' to learn and enhance their wrestling skills.
Fee:	\$30 Resident/\$40 Non-Resident
Start Date:	June-July
Duration:	3 weeks

### **Cheering Clinic (Summer)**

Program Description:	This program is for grades 1-6. A 3-day instruction clinic for participants to learn and enhance their skills.
Fee:	\$15 Resident/ \$25 Non-Resident
Start Date:	July
Duration:	3 days

### **Grades K-4 Wrestling (Winter)**

Program Description:	This program is for grades 1-6. Involves instruction of participants to learn and enhance their wrestling skills
Fee:	\$15 Resident/ \$25 Non-Resident
Start Date:	December - March
Duration:	14 weeks

### **Grades 3-6 Co-Ed Soccer (Fall)**

Program Description:	This program goes over the fundamentals of soccer including passing, dribbling, etc.
Fee:	\$15 Resident/ \$25 Non-Resident
Start Date:	September-October

Duration: 6 weeks

### **Grades K-2 Co-Ed Soccer (Fall)**

Program Description: This program goes over the fundamentals of soccer including passing, dribbling, etc.

Fee: \$10 Resident/ \$20 Non-Resident

Start Date: September-October

Duration: 6 weeks

### **Bootcamp**

Program Description: This program is all about pushing yourself in various workouts with your own weights, resistance bands, etc.

Fee: \$60 Resident/ \$70 Non-Resident

Start Date: September-December & January-May

Duration: 12 weeks

### **Zumba**

Program Description: This program lets you dance your workout! This is a great cardio workout that has grown all over America.

Fee: \$50 Resident/ \$60 Non-Resident

Start Date: September-October

Duration: 8 weeks

### **Creatures of the Ocean/Music and Movement (Summer)**

Program Description: This a great program that musical knowledge to all participants.

Fee: \$15 Resident/ \$25 Non-Resident

Start Date: June-August

Duration: 5 weeks

### **Discovery Camp (Summer)**

Program Description: This program is for grades 3-6 teaching participants how to stay active with their learning of Math, Science, and Language.

Fee: \$20 Resident/ \$30 Non-Resident

Start Date: June-July

Duration: 6 weeks

### **Football Clinic (Summer)**

Program Description: This program is for grades K-8. Instruction is basic offensive/defensive stance, throwing, catching, blocking, and tackling techniques.

Fee: \$20 Resident/ \$30 Non-Resident

Start Date: July

Duration: 4 days

### **RARE Program (Summer)**

Program Description: This program introduces Recreation to participants of all ages in various forms with teambuilding, self-esteem, and mental/emotional health activities.

Fee: No Fee

Start Date: July

Duration: 3 days