

# Town of Lincoln

## Recreation Department 2009 Program Descriptions

*Please note that special clinics or programming added may not be included on this description. For questions or further information you may call the office at 794-6548.*

### 3rd & 4th Grade Football

**Program Description:** Program focused on the basics of football and the fundamentals of being part of a team. May involve traveling.  
**Fee:** \$25 resident/ \$50 non-resident  
**Start Date:** September - October  
**Duration:** 5 weeks

### Grades K-2 Flag Football

**Program Description:** Program focused on the basics of football and the fundamentals of being a part of structured play with flags.  
**Fee:** \$25 resident/ \$50 non-resident  
**Start Date:** September - October  
**Duration:** 5 weeks

### 5th & 6th Grade Football

**Program Description:** Program focused on the basics of football and the fundamentals of being part of a team. May involve traveling.  
**Fee:** \$25 resident/ \$50 non-resident  
**Timeframe:** September - October  
**Duration:** 5 weeks

### Cheering (Fall)

**Program Description:** Program focuses on basic skills of cheering and fundamentals of being part of a team. Cheerleaders will be at all home recreation department football games. There may also be 1 travel game.  
**Fee:** \$10 resident/ \$20 non-resident  
**Timeframe:** September - October  
**Duration:** 5 Weeks

### Field Hockey

**Program Description:** The fundamentals of field hockey will be taught while having fun.  
**Fee:** \$15 resident/ \$25 non-resident  
**Timeframe:** September - October  
**Duration:** 5 weeks

### 3rd & 4th Grade Coed Basketball

**Program Description:** Program focuses on basketball skills and being part of a team while having fun. Games will be against other in house teams.  
**Fee:** \$10 resident/ \$35 non-resident  
**Timeframe:** January - February  
**Duration:** 5 weeks

### 5th & 6th Grade In-House Basketball

**Program Description:** Program focuses on basketball skills and being part of a team while having fun.  
**Fee:** \$10 resident/ \$35 non-resident  
**Timeframe:** November - December  
**Duration:** 5 weeks

### Grades 3- 6 Cheering (winter)

**Program Description:** Program focuses on basic skills of cheering and fundamentals of being part of a team.  
**Fee:** \$10 resident/\$20 non-resident  
**Timeframe:** December - March  
**Duration:** 12-14 weeks depending on games.

### 5-6 Traveling Team Basketball (Must have played in-house season)

**Program Description:** Program focuses on basketball skills at a more competitive level, being part of a team, and having fun. Team travels for games.  
**Fee:** Included with in-house fee  
**Timeframe:** December - March  
**Duration:** 16 weeks

### K-2 Whiz Kids Basketball

**Program Description:** Designed to introduce participants to basic basketball terminology and fundamentals.  
**Fee:** \$10 resident/\$30 non-resident  
**Timeframe::** February - March  
**Duration:** 4 weeks

### Arts & Crafts

**Program Description:** Children participate in activities such as painting, tie dying, necklaces & bracelets, picture frames and more. Weekly themes.  
**Fee:** \$10 resident/ \$15 non-resident  
**Timeframe:** June - August  
**Duration:** 6 weeks

### Farm League

**Program Description:** The Recreation Department's Farm League program is geared toward all children ages 7 and 8. The goal of the program is to provide the participants with fundamentals necessary to baseball and to promote social development. In the first 2 weeks of the program the teams participate in practices, and the final 4 weeks are spent playing games, which are incorporated into these practices.  
**Fee:** \$10 resident/\$30 non-resident  
**Timeframe:** June - August  
**Duration:** 6 weeks

### Free Swim

**Program Description:** Program for all ages to swim. Lifeguards on duty at PTP.  
**Fee:** No Fee  
**Timeframe:** 4th week of June – 2<sup>nd</sup> week of August  
**Duration:** 6 weeks

### **Coed Soccer Clinic – Cobb Field**

**Program Description:** This program focuses on the basic rules of the game, and will allow kids to play in a non-competitive setting. This is a program for ages 5-15.  
**Fee:** \$10 resident/\$15 non-resident  
**Timeframe:** 4th week of June - August  
**Duration:** 6 weeks

### **Swimming Lessons**

**Program Description:** Children ages 3 and up can register to learn to swim. Certified instructor/student ratio is 1:6. These lessons focus on the individual needs of the student, individual safety, and to make swimming an enjoyable experience.  
**Fee:** \$25 residents/\$40 non-resident  
**Timeframe:** 4<sup>th</sup> week of June – 2<sup>nd</sup> week of August  
**Duration:** 6 weeks

### **T-Ball**

**Program Description:** Children ages 5 and 6 learn basic skills and rules of baseball. This is an instructional program with an emphasis on learning and fun.  
**Fee:** \$10.00 resident/ \$30 non-resident  
**Timeframe::** 4th week in June - August  
**Duration:** 6 weeks

### **Tennis**

**Program Description:** This program is for children ages 7 and up. This is an instructional program designed to teach children the fundamentals of tennis. Each child will be given a skills evaluation at the end of the program.  
**Fee:** \$10 resident/ \$25 non-resident  
**Timeframe:** 4th week of June - August  
**Duration:** 6 weeks

### **Track & Field**

**Program Description:** For children ages 5 to 15. This program instructs children in all elements of Track & Field. There are weekly competitive track meets. Successful participants may advance to regional and state meets.  
**Fee:** \$30 resident/ \$40 non-resident  
**Timeframe:** 4th week of June - August  
**Duration:** 8 weeks

### **Outdoor Preparedness**

**Program Description:** This program is for participants ages 8-15. Learn to canoe, kayak, read a compass and lots more  
**Fee:** \$10 resident/ \$20 non-resident  
**Timeframe::** 4th week of June - August  
**Duration:** 6 weeks

### **Summer Co-Ed Basketball**

**Program Description:** This program is for participants grades K-8. Work on skills and improve your game while in a noncompetitive environment.  
**Fee:** \$10 resident/ \$15 non-resident  
**Timeframe::** 4th week of June - August  
**Duration:** 6 weeks

### **JATO and Green Valley Golf Clinics**

**Program Description:** This program is for participants ages 6-18. Week long instruction clinics for participants' to learn and enhance their golf skills.  
**Fee:** \$10 resident/ \$15 non-resident  
**Timeframe::** July  
**Duration:** 2 weeks

### **Summer Wrestling Clinic**

**Program Description:** This program is for grades K-12. Week long instruction clinic for participants' to learn and enhance their wrestling skills.  
**Fee:** \$25 resident/ \$35 non-resident  
**Timeframe::** July  
**Duration:** 1 week

### **Summer Cheering Clinic**

**Program Description:** This program is for grades 1-6. 3 day instruction clinic for participants' to learn and enhance their cheerleading skills.  
**Fee:** \$10 resident/ \$15 non-resident  
**Timeframe::** July  
**Duration:** 3 days

### **Summer Basketball Camp**

**Program Description:** This program is for grades 3-10. Week long instruction clinic for participants' to learn and enhance their basketball skills.  
**Fee:** \$35 resident/ \$60 non-resident  
**Timeframe::** July  
**Duration:** 1 week